Ballyduff to Aghoo Bridge Cycling Trail

The Shannon-Erne Blueway provides a scenic perspective into the heart of the Irish landscape. With leisurely strolls, gentle paddles and carefree cycling, get immersed in your own Blueway experience.

This trail meanders alongside the tranquil waters of the Shannon-Erne, with the picturesque village of Ballinamore at the centre. Choose to cycle an 8km linear trail. This trail takes you from Ballyduff (Lock 7) along the Golf Links road, through Ballinamore and onwards passing (Lock 5) Ardrum, finishing at Aghoo Bridge.

For more information on this, and other Blueway trails, visit www.bluewaysireland.org.

Be prepared - Take special care at or near all road junctions. Ensure you have the fitness, equipment and time for the walk or cycle. Check the weather forecast and be prepared for changing weather conditions.

Be considerate of other people - This trail is mixed-use – be aware of cyclists approaching. Park appropriately and do not block entrances or other cars. Leave gates as you find them. Do not damage property.

Respect farm animals and wildlife - Dogs to be kept on a lead. Keep a safe distance from farm animals. Leave habitats, plants and animals as you find them.

In the unlikely event of an emergency dial 999 or 112 to contact Emergency Services.

LEAVE NO TRACE
Take only pictures, leave only ripples. www.leavenottraceireland.org

We welcome feedback about your walking experience. Please contact us at info@bluewaysireland.org

For further information please contact Waterways Ireland at either; Northern Regional Office, Carrick-on-Shannon: +353 (0)71 9650562 Ballyconnell: +353 (0)87 2603662 Ballinamore: +353 (0)87 2603476 Killeen: +353 (0)87 2603663

*Users of this trail do so at their own judgement and risk.

BALLYDUFF LOCK 7 TO AGHOO BRIDGE CYCLING TRAIL

Blueway Cycle Start/Finish
Cycle can be completed in either direction; car parking is available at Lock 7 Ballyduff, Ballinamore Marina and Lock 5 Ardrum.

Distance
8km

Duration
1 hour

Minimum Gear
Trekking shoes/ suitable footwear, rain gear, a drink and mobile phone.

Description
A linear trail taking in the tranquility of the Shannon-Erne Waterways along the towpath and partly on minor local roads. The route crosses over the canal at several locations, so take care, especially when close to lock chambers.

Please also take special care at all on-road sections and at our near all road crossings.